

**ELIGIBILITY & REGISTRATION:** No Registration fee. The Staff members are eligible to apply.

**MODE OF CONDUCTION:** Offline Mode

**VENUE:** SEMINAR HALL , MIET

**CERTIFICATION:** E-certificates will be issued to those participants who attend all the sessions of the programme.

### REGISTRATION FORM

Name: \_\_\_\_\_

Designation : \_\_\_\_\_

Department : \_\_\_\_\_

Organization : \_\_\_\_\_

Correspondence Address:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Pin Code: \_\_\_\_\_

Phone # \_\_\_\_\_

E-mail: \_\_\_\_\_

Whatsapp Mobile No: \_\_\_\_\_

Category : Academic/Industry/others

Signature of the Participant:

Date : \_\_\_\_\_

Place : \_\_\_\_\_

Participants need to fill this registration form and submit.

Last Date for Registration: *on or before*



# MANDAVA

Institute of Engineering & Technology



## Time Management

## 12<sup>th</sup> June 2018



Patron :

**Sri Mandava Sridhar garu**

Secretary & Correspondent



Patron :

**Smt. Mandava Kusuma garu**

Academic Director

Convenor :

**Sri B. Shyam garu**

Principal

Organized by

Department of **Business Administration**

# Stress Management and Wellness for Educators

## REGISTRATION FORM

Name: \_\_\_\_\_

Designation : \_\_\_\_\_

Department : \_\_\_\_\_

Organization : \_\_\_\_\_

Correspondence Address:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Pin Code: \_\_\_\_\_

Phone # \_\_\_\_\_

E-mail: \_\_\_\_\_

Whatsapp Mobile No: \_\_\_\_\_

Category : Academic/Industry/others

Signature of the Participant:

Date : \_\_\_\_\_

Place : \_\_\_\_\_

Participants need to fill this registration form and submit.

Last Date for Registration: *on or before*

**ELIGIBILITY & REGISTRATION:** No Registration fee.  
The faculty members, PG students in the same field are eligible to apply.

**MODE OF CONDUCTION:** Offline Mode

**VENUE:** MIET Seminar Hall

**CERTIFICATION:** E-certificates will be issued to those participants who attend all the sessions of the programme.



**Patron :**  
**Sri Mandava Sridhar garu**  
Secretary & Correspondent



**Patron :**  
**Smt. Mandava Kusuma garu**  
Academic Director

### Schedule

Day & Date	Description
9:00 AM - 10:00 AM	Personal Development
11:00 AM - 12:30 PM	Personal Development
9:00 AM - 10:30 AM	Self-Care Evening
9:00 AM - 10:30 AM	Self-Care Evening
9:00 AM - 10:30 AM	Reflective Practice
9:00 AM - 10:30 AM	Reflective Practice



**MANDAVA**  
Institute of Engineering & Technology

396/2A2H, Vidya Nagar, Krishna District, Jaggaiahpet,  
Andhra Pradesh 521175

For further Details visit : <https://mandava.ac.in/>



**MANDAVA**  
Institute of Engineering & Technology

## FACULTY DEVELOPMENT PROGRAMME

### Stress Management and Wellness for Educators

10<sup>th</sup> to 14<sup>th</sup> September 2018



### About MIET

MIET was established in 2007 with the aim to provide and promote quality higher education and research on par with international standards and to train young men and women able and eager to create and put into action ideas, methods techniques and information. It persistently seeks and adopts innovative methods to improve the quality of higher education. MIET is committed to the highest standards of academic excellence, inculcating learning skills, creativity, teamwork and leadership. The world class facilities – computing, laboratory and other educational and recreational facilities, library etc., aid and enrich the process of learning.

**Organized by**

Department of

**MECHANICAL ENGINEERING**